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Triplet Update

As many of you know, Roy's oldest daughter Laura had Triplets on April 5th. They are now 3 months old and, for the most part, doing well. These last 3 months have been quite a trial for the whole Hughes family.



(from left to right: Allison, Tyler, Lincoln)

Triplets

In general, **Allison** is doing the best. She weighs in at around 10 lbs and has had no major surgeries or significant ailments. She has learned a thing or two from her brothers recently – the skill of screaming at the top of her lungs.

Tyler and **Lincoln** share many similarities. First, they both are struggling with Acid Reflux. They have been put on medication to deal with this problem and the hope is that they will both outgrow this condition soon. Second, they both had dealt with hernias. Lincoln had a double inguinal hernia which was quite painful. He had surgery to repair the damage that kept him in the hospital overnight. Tyler has recently developed a hernia. It seems not as bad as Lincoln's was but painful none the less. Next week he will go for a surgery consult to repair the hernia. Third, they are both growing in spite of the above listed setbacks. Tyler is now 10 lbs 5 oz and Lincoln is about 10 lbs.

Lincoln's heart defect has been fixed with the surgery back in April. He has had several checkups with the cardiologist and they have all been positive. The area on his heart from the

surgery still looks good and his heart is carrying an appropriate work load. He does not have to go back for another check for 3 months. As he grows, they will be watching that the area does not close up due to either body growth or scar tissue that could develop. He will probably need to see a cardiologist regularly for all his younger years and probably even as an adult to monitor this area in his heart. They are very thankful for these good reports.



(from left to right: Lincoln, Tyler, Allison)

On July 4th, Tyler was admitted to the hospital overnight. He was diagnosed with bronchilitis complicated by his acid reflux. He is home now and doing well. The doctors have changed his reflux meds and have prescribed nebulizer treatments around the clock for the next week or so. Please pray for his continued recovery.

The biggest prayer request is that the triplets will all sleep through the night, soon!!! Laura and Joel are up about 3 or more times a night with feedings and related matters. Saying that they are tired does not do justice to their fatigue. Join us in prayer for the following matters:

- That the triplets would begin to drop feedings and get longer blocks of sleep time.
- That Tyler and Lincoln's acid reflux would be controlled by the medications.
- That God would give strength and energy to Laura and Joel.
- That their other children (Jack – 4 and Emily – 2) would be big helpers for mom and dad.
- That Laura and Joel would be able to dedicate special times just with Jack and Emily.
- That the current string of volunteers would continue in their efforts to help the Hugh's family.
- That Joel would be able to fulfill his duties as Youth Minister at Exeter Bible Fellowship Church.

Sincerely,
Roy Russell

To stay up to date with the latest on the triplets, be sure to visit
<http://joelhughesblog.blogspot.com> often.

Miscellaneous Pictures

